

Dear Lyndoch Living Community,

Lyndoch Living remains COVID-19 free, and we continue to protect the health and wellbeing of our residents, clients, staff, and the broader community.

Reminder: visiting guidelines

We would like to remind all visitors that the visiting guidelines are as follows:

- Visiting hours across our homes are 9:00 am - 4:30 pm daily.
- Visits are restricted to a resident's room.
- Visitor's must complete a screening process and a written declaration in addition to the current temperature checking.
- Masks must be worn within our homes.
- Physical distancing and good hand hygiene must be practised.

We want to thank everyone for sharing in the responsibility to keep Lyndoch Living COVID-19 free. To continue maintaining your loved one's safety, and the broader Lyndoch Living Community, we ask that you do not visit if you have:

- been unwell, particularly with fever or acute respiratory infection (for example, cough, sore throat, runny nose, shortness of breath symptoms)
- recently tested for COVID-19
- been in contact with someone who has tested positive to COVID-19, or
- recently returned from overseas, or
- lived in or visited the Greater Sydney area and Central Coast of New South Wales in the last 14 days.

Christmas celebrations

As we keep the communal areas for residents only, the traditional family Christmas lunch will not be hosted this year. However, residents can go on external outings that are conducted safely. All residents must return via the Main Entrance to complete the screening process. Please talk to the Nurse Unit Manager to discuss your requirements.

Stay connected

If you would like to receive future communications electronically, please sign up to our mailing list <https://www.lyndoch.org.au/covid-19-updates/>, or connect with us via [Facebook](#) or [Instagram](#).

May you and your family stay healthy and safe, and we wish you all a wonderful Christmas and safe New Year.

Please do not hesitate to call us on 5561 9300 if you have any questions or special circumstances.

Kind regards,

A handwritten signature in black ink, appearing to read 'Doreen Power', with a long horizontal stroke extending to the right.

Doreen Power