

Dear Lyndoch Living Community,

Lyndoch Living update – COVID-19 free

While Lyndoch Living remains COVID-19 free, our priority is to protect the health and wellbeing of our residents, clients, team, and the broader community.

We would like to thank the Lyndoch Living community for responding quickly to the announcement by The Premier of Victoria on Friday, regarding the Circuit Breaker Actions.

As a reminder, you must stay at home unless:

- Shopping for necessary goods and services (one person per household, once per day, a support person can accompany if required)
- Caregiving or compassionate reasons
- Essential work or permitted education
- Exercise (can leave for two hours of exercise)

Enhanced visitor restrictions for all aged care homes

We continue to follow the [Department of Health and Human Services - Circuit Breaker Lockdown Residential Aged Care Restrictions](#), and appreciate your patience as we make the relevant changes to the visiting process. As a reminder, visitors are not allowed to enter a residential aged care facility, except for:

- Those providing end of life care, or those who are deemed as providing support/essential care (e.g. supporting responsive behaviours) and compassionate care. You must call us first on (03) 5561 9300 to speak directly to the Nurse Unit Manager to discuss visitation.

People who have visited the exposure sites as listed by the [Department of Health and Human Services](#) are considered *excluded persons* (see below) as they would be required to quarantine. *Excluded persons* cannot enter our homes for any reason. This includes any persons visiting for any purpose (including end of life) unless they have a specific exemption.

Excluded persons

The Department of Health and Human Services classifies an *excluded persons* as follows:

- worked in or volunteered at a hotel quarantine site and/or other port of entry in the last 14 days
- been released from hotel quarantine in the last 14 days
- are not wearing a fitted face mask (unless an exception applies). A face shield on its own does not meet the mask requirement.
- are unwell or have even the mildest symptoms of coronavirus (COVID-19):

- fever or temperature over 37.5 degrees Celsius
- loss or change in sense of smell or taste,
- chills or sweats,
- cough, sore throat, shortness of breath, and/or runny nose
- have coronavirus (COVID-19) and are currently required to isolate
- have been in contact with someone with coronavirus (COVID-19) within the last 14 days and are currently required to quarantine
- are required to self-isolate or self-quarantine - **Note: this applies to any person who has been to an exposure site <https://www.dhhs.vic.gov.au/case-locations-and-outbreaks-covid-19> **
- have been tested for coronavirus (COVID-19) due to symptoms and not yet received a result
- have arrived in Australia from overseas in the last 14 days.

Home Care and community clients

Our home care and community programs will continue to support those most in need, with the requirement of additional PPE precautions.

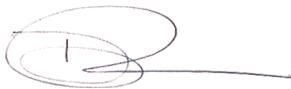
Staying in-touch

We understand that keeping in touch with family and friends is important. As an alternative to physically visiting our homes, please consider telephoning your family member, or using FaceTime, Zoom or a social media app to have a virtual visit. Our staff are happy to assist in connecting you with your loved one via phone, virtual technology or window visits. We will also continue to post all updates to our website and social media channels.

Thank you for helping keep Lyndoch Living COVID-19 free by supporting us in following the government guidelines. Please do not hesitate to contact us on 5561 9300 if you have any questions or special circumstances.

May you and your family stay healthy and safe.

Kind regards,



Doreen Power
CEO