

Dear Lyndoch Living Community,

## Lyndoch Living update – COVID-19 free

Today, The Premier of Victoria announced that the State Government would lift the Circuit Breaker Actions from 11:59 pm tonight. Some clauses apply to aged care to continue protecting the health and wellbeing of our residents, clients, team, and the broader community.

## Visitor guidelines for all aged care homes

Commencing Thursday 18 February 2021, visiting guidelines are as follows:

- One household can visit once per day between 9:00 am - 4:30 pm. All visitors must wear a face mask and complete the screening and declaration process.
- Any other special circumstance requests need to be made by phone (03) 5561 9300 and speaking with the Nurse Unit Manager.

People who have visited any exposure site as listed by the [Department of Health and Human Services](#) are considered *excluded persons* (see below) as they would be required to quarantine. *Excluded persons* cannot enter our homes for any reason. This includes any persons visiting for any purpose (including end of life) unless they have a specific exemption.

## Excluded persons

The Department of Health and Human Services classifies an *excluded persons* as follows:

- worked in or volunteered at a hotel quarantine site and/or other port of entry in the last 14 days
- been released from hotel quarantine in the last 14 days
- are not wearing a fitted face mask (unless an exception applies). A face shield on its own does not meet the mask requirement
- are unwell or have even the mildest symptoms of coronavirus (COVID-19):
  - fever or temperature over 37.5 degrees Celsius
  - loss or change in sense of smell or taste
  - chills or sweats
  - cough, sore throat, shortness of breath, and/or runny nose
- have coronavirus (COVID-19) and are currently required to isolate
- have been in contact with someone with coronavirus (COVID-19) within the last 14 days and are currently required to quarantine

- are required to self-isolate or self-quarantine - \*\*Note: this applies to any person who has been to an exposure site <https://www.dhhs.vic.gov.au/case-locations-and-outbreaks-covid-19> \*\*
- have been tested for coronavirus (COVID-19) due to symptoms and not yet received a result
- have arrived in Australia from overseas in the last 14 days.

## Home Care and community clients

Our home care and community programs will continue to support those most in need, with the required PPE precautions.

## COVID-19 Vaccination

The Australian Government has a strategy to deliver the vaccines to everyone living in Australia, with aged care as a priority. Updated information on the vaccination is available on the [Department of Health website](#).

## Staying in-touch

We understand that keeping in touch with family and friends is important. Our staff are happy to assist in connecting you with your loved one via phone, virtual technology or window visits. We will also continue to post all updates to our website and social media channels.

Thank you for helping keep Lyndoch Living COVID-19 free by supporting us in following the government guidelines. Please do not hesitate to contact us on 5561 9300 if you have any questions or special circumstances.

May you and your family stay healthy and safe.

Kind regards,



**Doreen Power**  
CEO