

## **EMbRACE - The impact of visitor restrictions to residential aged care homes on care partners during the COVID-19 pandemic**

### **Research Invitation**



- **Are you a family member or friend** (a care partner) of someone living in a residential aged care home?
- **Have you been affected** by the visitor restrictions in residential aged care homes because of the COVID-19 pandemic (anytime) since March 2020?
- If so, **we would like to know about your experiences** of visitor restrictions to residential aged care homes.

Your participation will involve **a brief interview** with a researcher.

**If you would like more information or to share your experiences with us, please contact:**

Dr Helen Rawson

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**This research is supported by a grant from the Melbourne Ageing Research Collaboration and has been approved by the Monash University Human Research Ethics Committee (Approval Number 26184)**

## Expression of Interest for recruitment

**Subject: Expression of interest to participate in research regarding visitor access during COVID-19**

The research team from Monash University and Melbourne Ageing Research Collaboration, are seeking volunteers to participate in an upcoming research project titled: **A co-design examination into the impact of restricted access to residential aged care facilities on care partners during the COVID-19 pandemic.**

This research aims to explore and understand the impact restricted access to residential aged care facilities during the COVID-19 pandemic had on care partners. A care partner is any support person defined by the resident as family (including friends, neighbours and/or relatives). You have been identified as a care partner that may have experienced the impact of the restricted visitor access to a residential aged care facility.

Participation in this research project involves the completion of a brief demographic form, and an interview (approximately 45 minutes) with a researcher. Findings from this research aim to provide possible future benefits to service providers to balance residents' safety with the care partner's role in supporting residents' quality of care and quality of life in residential aged care. Your experience could be valuable during other periods of health risks for older people such as flu and gastroenteritis outbreaks, as well as possible future pandemics.

Please see the attached flyer for further information regarding the study.

If you are interested in participating in this research or would like more information, please contact the Lead Researcher Helen Rawson at [helen.rawson@monash.edu](mailto:helen.rawson@monash.edu) or Tel 03 9905 0940.