

Dear residents and families,

## 7 Day Circuit Breaker Restrictions commencing 11:59pm today

Lyndoch Living remains COVID-19 free and we continue to protect the health and wellbeing of our residents, clients, team, and the broader community.

As announced by the Acting Premier of Victoria today, the State of Victoria will move to state-wide Circuit Breaker Action restrictions as of 11:59pm this evening. This means you must stay at home unless:

- Shopping for necessary goods and services (one person per household, once per day, a support person can accompany if required).
- Caregiving or compassionate reasons.
- Authorised work or permitted education, or work interstate.
- Exercise (up to two hour, with one other person or members of your household).
- Receive a vaccination.
- Other specified reasons (specific exemptions apply).

## Visitor guidelines effective tonight

No visitors are permitted into aged care or other residential facility settings, apart from those providing end-of-life care. For those providing essential care, e.g. supporting responsive behaviours and compassionate care, please contact the Nurse Unit Manager.

These restrictions mean our day program will not be running during this period. Allied Health and podiatry services will be running a modified program. Please contact the Managers in these areas if you have any questions.

We regret any inconvenience and anxiety that this may cause some residents and their families, and ask for your support and understanding. We understand that keeping in touch with family and friends is important. As an alternative to physically visiting our homes, please consider telephoning your family member, or using a social media app to have a virtual visit. Our staff are happy to assist in connecting you with your loved one via phone, FaceTime or window visits.

I want to thank the wonderful Lyndoch Living community for helping keep Lyndoch Living COVID-19 free, and we are aware of the hardship being faced by many families and residents. Please do not hesitate to contact us on 5561 9300 if you have any questions or special circumstances. All updates will be posted to our [website](#) and via [Facebook](#) or [Instagram](#).

Keeping our community safe is a shared responsibility. Thank you for following the Victorian Government's Circuit Breaker Action Restrictions and helping keep Lyndoch Living COVID-19 free.

May you and your family stay healthy and safe.

Kind regards,



**Doreen Power**  
**CEO**