

Dear residents and families,

### Updated Restrictions

Lyndoch Living remains COVID-19 free, and we continue to protect the health and wellbeing of our residents, clients, team, and the broader community.

As announced by the Acting Premier of Victoria, the state-wide Circuit Breaker Action Restrictions have been updated. In regional Victoria:

- You can leave home for any reason
- You cannot travel to metropolitan Melbourne, except for:
  - work or education
  - necessary goods and services
  - care and compassionate reasons
  - to receive COVID-19 vaccination at the nearest vaccination centre to home
- Face coverings:
  - Must be carried at all times
  - Must be worn indoors except if at home, or if an exception applies
  - Must be worn outdoors where 1.5 metres physical distancing cannot be maintained
- A complete list of the restrictions and the [Statement from the Acting Premier is available online.](#)

### Visitor guidelines

- No visitors are permitted into aged care or other residential facility settings, except for end-of-life care. For those providing essential care, e.g. supporting responsive behaviours and compassionate care, please speak to your Nurse Unit Manager.
- Non-essential contractors are restricted from entry.

We understand that keeping in touch with family and friends is essential. As an alternative to physically visiting our homes, please consider telephoning your family member or using a social media app to have a virtual visit. Our team are happy to assist in connecting you with your loved one via phone, FaceTime or window visits.


We are aware of the difficulty being faced by many families and residents, and we want to thank you for following the government's restrictions to help keep Lyndoch Living COVID-19 free.

Keeping our community safe is a shared responsibility. We will continue to post all updates to our website and social media channels.

Please do not hesitate to contact us on 5561 9300 if you have any questions or special circumstances.

May you and your family stay healthy and safe.

Kind regards,



**Doreen Power**  
**CEO**

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