

Dear residents and families,

Updated restrictions

Lyndoch Living remains COVID-19 free, and we continue to protect the health and wellbeing of our residents, clients, team, and the broader community.

As announced by the Premier, Victoria's new Roadmap to Deliver the National Plan has been released. The new Roadmap sets out the proposed restrictions levels for both Regional Victoria and Metro Melbourne. The list below is a summary of Regional Victoria's restriction levels only. We advise you to read the [Premier's statement and the full Roadmap of proposed restriction levels online](#).

- No restrictions on reasons to leave home and the distance (with the exception of the City of Greater Geelong, Surf Coast, Mitchell Shire, and Ballarat).
- Movement between Metro Melbourne and Regional Victoria restricted to specified purposes.
- Face masks are required indoors and outdoors.
- Private gatherings not permitted - intimate partner visits and single-person bubble visits are allowed.
- Public gatherings up to 10 people outdoors.

Visitor guidelines - Care facilities

Please note that visitor restrictions remain in place. Visitors are [only permitted for the following purposes](#), from 9:00am to 3:00pm in a resident's room:

- To provide care and support for the resident's physical and emotional wellbeing (including mental health supports and support for people living with dementia); Note: this may include a person who is visiting to prevent harm to a person's mental or emotional health due to social isolation
- As a nominated person under the Mental Health Act
- As a nominated person providing support for a resident living with Dementia
- To provide interpreter or informal language support
- For learning to support the resident's care upon discharge
- To provide end of life support

Requirements for visits

- Two visitors at one time (a group may exceed the "two visitors at a time" rule if dependents of a visitor are in the group and care for the dependents cannot be arranged).
- Do not have to be from the same household.
- It is one of the permitted reasons.
- No more than two visitors per day except where providing end of life support.
- There is no daily limit on the number of visitors for end of life care visits.

For those providing essential care, e.g. supporting responsive behaviours and compassionate care, please speak with the Nurse Unit Manager.

Visitors permitted under the above criteria are not to enter our homes if they have:

- Been unwell, particularly with fever or acute respiratory infection (for example, cough, sore throat, runny nose, shortness of breath symptoms)
- Recently tested for COVID-19
- Been in contact with someone who has tested positive to COVID-19
- Recently returned from overseas
- Visited or lived in an orange or red zone (as per the Victorian traffic light permit and hot-spot system), and will not be allowed to visit until that zone reverts to a green zone. Please stay up-to-date with the [exposure/hot-spot sites](#).

We understand that keeping in touch with family and friends is important. As an alternative to physically visiting our homes, please consider telephoning your family member, or using a social media app to have a virtual visit. Our team are happy to assist in connecting you with your loved one via phone, FaceTime or window visits.

Signing In and screening

As part of the State Government and Department of Health's directives all visitors, who meet the above permitted purposes only, must sign in and complete the screening process using the QR codes located at the entrance. If you are unable to use a device to scan a QR code, you can ask the screening team to assist you.

We ask that you be patient and respectful when entering the building and follow the directions of the screening team, and practice social distancing, good hand hygiene and always wear a mask.

We want to thank the wonderful Lyndoch Living community for helping keep Lyndoch Living COVID-19 free, and we are aware of the hardship being faced by many families and residents.

Keeping our community safe is a shared responsibility. We will continue to post all updates to our [website](#) and social media channels. Please do not hesitate to contact us on 5561 9300 if you have any questions or special circumstances.

May you and your family stay healthy and safe.

Kind regards,



Doreen Power
CEO

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