

Dear residents and families,

We wish to inform you that Barwon South West Public Health Unit has advised us that restrictions with Swinton Level 1 can be eased, and all residents are well.

We thank the wonderful Lyndoch Living community for their ongoing support.

We continue to follow the advice from the department and clinical experts, and will review our visiting guidelines early next week. As such, our homes will remain closed to visitors as a precaution.

For those providing end of life care or supporting responsive behaviours and essential/compassionate care:

- You will need to discuss your needs with our Nurse Unit Manager or Acting Director of Nursing. Please call us on (03) 5561 9300.
- There is a limit of up to two (2) people who can visit under these guidelines and visiting times will be restricted from 10 am to 2 pm.
- You must follow the directions of the screening and care teams.

We understand that keeping in touch with family and friends is important. As an alternative to physically visiting our homes, we strongly encourage you to telephone your family member or host a virtual visit using a social media app. Our team are happy to assist in connecting you with your loved one via phone, FaceTime or window visits.

As the nominated primary contact, we respectfully ask you to share this information with other family members and friends.

We are aware of the hardship many families and residents face. The OPAN (Older Persons Advocacy Network) website has a range of support resources and information that may help <https://opan.org.au/>.

Please do not hesitate to contact us on 5561 9300 if you have any questions or special circumstances. We will continue to keep you informed. May you and your family stay healthy and safe.

Kind regards,



Doreen Power
CEO